

P.O. Box 85, Burleigh Heads, Qld, 4220 ph: 07 5568 6666 fax: 07 5568 6600 www.burlheadss.eq.edu.au admin@burlheadss.eq.edu.au

#### **COLOUR EXPLOSION**

A reminder for parents/carers about students bringing a white t-shirt and old pair of shorts for the Colour Explosion next Thursday. Something that can get coloured powder and water stains on them. Students are to wear their school uniform and will change at lunch time. Parents are welcome to attend.

This is a wonderful afternoon of fun for our students. A big thank you to the P&C for their organisation of the event.

#### **CROSS COUNTRY**

Next Friday will be our whole school cross country. This begins at 9.00am. What a great day to celebrate the competitive sportsmanship of our runners and indeed our Houses. We encourage students to come dressed in their house colours. Must have sunscreen and a hat.

Parents are welcome to attend. We look forward to having you with us. See the schedule for events in the newsletter. All points from our races will go towards their House Points and indeed the House Trophy at the end of the year.

# Burleigh Heads State School Cross Country 2024

# THURSDAY, MARCH 22

Event	Approx.	Age Group/Gender	Course
Number	Time		Jnr or Snr map
	9:00 -	Welcome and Information. House	
	9:10	Warcries	
1	9:15	Grade 2 Girls	course (800m)
2	9:15	Grade 2 Boys	
3	9:25	Prep Girls	course (600m)
4	9:25	Prep Boys	
5	9:35	Grade 1 Girls	course (800m)
6	9:35	Grade 1 Boys	
7	9:45	Grade 3 Girls	course (1km)
8	9:45	Grade 3 Boys	
9	10:00	2013 Girls	course (2.6km)
10	10:00	2013 Boys	
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11	10:00	2012 Boys and Girls	course (2.6km)
12	10:20	2014 Girls	Course (1.7km)
13	10:20	2014 Boys	course (1.7km)
14	10:30	2015 Boys and Girls	



**ALLERGIES AND ANAPHYLAXIS** 



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Many of you will know someone who is affected by anaphylaxis, a life-threatening allergic reaction. Our school does its best to be an allergy aware school. Staff have had training in severe allergy management and we have implemented lots of strategies to help keep students at risk of anaphylaxis as safe as we can. We now have quite a few students who live with the risk of anaphylaxis to foods and insect stings.

Whilst these children are being taught to care for themselves at an age-appropriate level, we ask that you help us educate your child on the importance of not sharing food with others, washing hands after eating and calling out to an adult if they think their friend with allergies is sick. With increased awareness and understanding of anaphylaxis, you will be able to help protect those around you.

A food allergy is an immune system response to a normally harmless food protein that the body believes is harmful. When the individual eats food containing that protein, the immune system releases massive amounts of chemicals, triggering symptoms that can affect a person's breathing, gastrointestinal tract, skin, and/or heart. Anaphylaxis is the most severe form of allergic reaction and is potentially life-threatening. It must be treated as a medical emergency, requiring immediate treatment and urgent medical attention. It is estimated that up to 400,000 (2%) Australians, including 1 in 20 children suffer from food allergies and some of them will experience a life-threatening (anaphylactic) reaction.

Please assist us to support the students in our school for whom we need to be allergy aware. Please do not send nuts or products that contain nuts to school as many of our students are allergic to nuts.

# **ATTENDANCE**

Every day counts. As we reach the end of Term 1, parents are reminded of the importance of sending children to school every day. Being at school every day counts, with one day absent each week quickly adding up to two months of missed lessons in a year. Unless your child is ill, it is expected that your child will be at school learning every day of the school year.

More information on the importance of regular school attendance is available at: http://education.qld.gov.au/everydaycounts/index.html

#### **NAPLAN**

Our students in Year 3 and 5 had a good start to Naplan this week. They completed their writing task and many of the students who spoke with me were excited to share what they wrote about. Good luck to our Year 3 and 5 students as they continue NAPLAN testing window during Week 9. Our advice to families is to ensure that your child has a healthy breakfast each morning and is encouraged to just do their best.

**Carol Browne – Deputy Principal** 



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# ICAS 2024

We know our students are amazing, so we're giving them the opportunity to showcase and celebrate their talents in the world-renowned ICAS competitions this year.



### What is ICAS?

ICAS is an online academic competition that gives students the opportunity to challenge their higher order thinking and problem-solving skills in English, Mathematics, Science, Writing, Spelling Bee, and Digital Technologies.

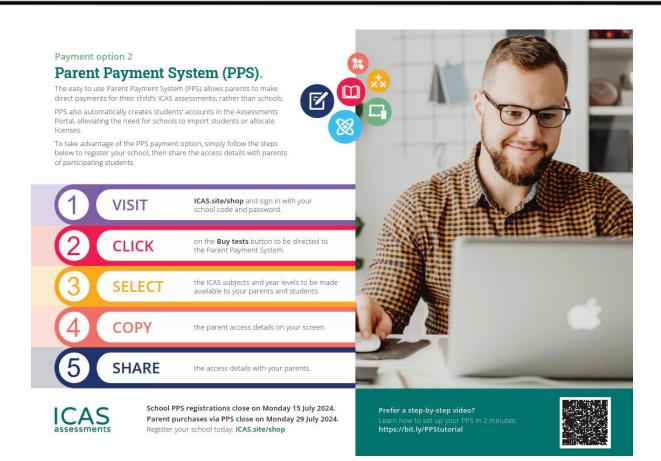
Every student who participates is celebrated and recognised with a printed certificate in each subject area, and an online results report to track development each year. Top performers are eligible for one of the highly coveted ICAS medals.

### How to participate in ICAS

If you would like your student to participate in the competition, please follow the instructions below to for the Parent Payment System (PPS).



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### Our school details are:

Your school access code is: JDS199

Your parent page link is: <a href="https://shop.icasassessments.com/pages/pps">https://shop.icasassessments.com/pages/pps</a>

Please note that the ICAS subject areas shown for selection are at the school's discretion. After payment is made via the Parent Payment System, you will receive an order confirmation email, please keep this for your records.



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PARENTS + CITIZENS BURLEIGH HEADS STATE SCHOOL

PANDC@BURLHEADSS.EQ.EDU.AU



# GET READY FOR THE COLOUR EXPLOSION FUN RUN!

Dear Parents and Carers,

Thank you for supporting our school and our Colour Explosion School Run 4 Fun Fundraiser this term - it is greatly appreciated. In 2024 we are aiming to raise \$35,000 across our school community, to improve the hall acoustics and other important school projects.

### HERE'S A REASON OR TWO TO GET EXCITED!!

- 1. Slime the Principal Mr Tong!! Any student that raises more than \$40 goes into the draw to be able to slime Mr Tong.
- 2. Slime Mrs Browne!! Yes kids, you heard it right. Mrs Browne will be slimed if we reach our school goal of \$35,000. Any student that raises more than \$100 goes into the draw to be able to slime her.
- 3. Did someone say Pizza Party?? Teamwork absolutely counts when it comes to the Colour Explosion. The class that raises the most amount of money will receive a Pizza Party in Term 2.

### 1.30pm - 3.00pm

WHEN + WHERE?

Thursday 21 March 2024

Burleigh Heads SS Oval

**FUNDRAISING** TARGET \$35,000



#### CHECKLIST FOR PARENTS AND CARERS

- ✓ Follow the instructions in your child's sponsorship booklet to create a cybersafe, online profile page at www.mvprofilepage.com.au . Didn't receive a fundraising booklet? Please just ask your child's teacher.
- Purchase or find a white or light-coloured t-shirt (kids will be covered in coloured powder from head to toe!) Tip: Big W and Best and Less have plain white t-shirts from \$2.00.
- ✓ Follow the Burleigh Heads SS and Burleigh Heads P&C Facebook pages to stay. up to date on event information.
- Complete the parent/carer consent form and hand it to your child's teacher if your child does not want to participate on the day.
- Let your child's teacher know if your child would prefer to run the course without the coloured powder. We want to make sure everyone feels included.
- ✓ START FUNDRAISING!!!!



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# WANT TO GET INVOLVED?

Support your child to fundraise by sharing their unique fundraising link with family, friends or local businesses.

Keep an eye on our socials for up-to-date information and calls for volunteers.

Attend on the day and cheer the kids on - we love the energy!

#### IMPORTANT INFORMATION

Your child can collect cash donations, but these need to be converted to online donations BEFORE 22 March. Please refer to the fundraising booklet for more information. The P&C no longer accept cash donations.

Students will be covered in non-toxic, biodegradable colour powder from head to toe. Colour powder is made of high-quality corn starch and permitted food colours. A safety data sheet is available from the school front office if required.

#### ON THE DAY

- Don't forget to pack your kids with a change of clothes, including a white or light-coloured shirt to make the colour POP!!
- Sunglasses, headbands and all other material will be supplied by your child's teacher on the day. Parents and carers are welcome to attend on the day it really is a lot
- Pack a towel for the car!!!

#### **KEY DATES**

Thursday 21 March 2024: Colour Explosion Run 4 Fun Event

Friday 22 March 2024: Official close of fundraising opportunity (11.59pm)

Saturday 23 March 2024: Prize ordering opens

Wednesday 26 March 2024: Prize ordering closes (11.59pm)

Term 2: Prizes delivered to children who have ordered.

#### QUESTIONS?

Please contact your memory burning P&C at: pandomburtheadss.eq.edu.au se contact your friendly Burleigh Heads



### YEARS OF EDUCATING OUR YOUTH

# Burleigh Heads State School

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