Cucumber, Lime & Mint Agua Fresca

Fresh from the garden: cucumber, lime, mint
Recipe source: Mansfield Primary School

Season: Summer
Serves: 30 tastes in the classroom or 8 at home

Equipment:
- measuring cups (with pouring spout)
- tea towel
- chopping board
- cook's knife
- citrus juicer
- measuring scales
- measuring jug
- blender
- fine mesh sieve
- spoon
- serving jug

Ingredients:
- 4 large cucumbers, coarsely chopped
- 2 large handful mint leaves
- 6 limes (juiced for 1 cup lime juice)
- 1 cup sugar
- 4 cups water

What to do:
1. Put all ingredients into the blender.
2. Add enough water to fill three-quarters of the blender.
3. Purée until smooth.
4. Place a fine mesh sieve over a bowl and pour the purée through it, pressing against the sieve with the back of a spoon to extract as much of the liquid as possible.
5. Pour the juice into a jug and place in fridge until ready to serve.